

SEPTEMBER | 2021



McCracken County High School Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30</p> <p>Never make plans with Croissants.</p> <p>They're Flaky!</p>	<p>31</p>	<p>1</p> <p>Chicken Biscuit</p> <p>Chicken Alfredo</p> <p>Cesar Salad</p> <p>Green Peas</p> <p>Frozen Fruit Cup</p>	<p>2</p> <p>Sausage Biscuit</p> <p>Bosco Cheese Stick with Marinara</p> <p>Corn</p> <p>Sliced Cucumber Coins with Ranch</p> <p>Banana</p>	<p>3</p> <p>Cinnamon Roll</p> <p>Cheese Burger & the Works</p> <p>Crinkle Fries</p> <p>Baked Beans</p> <p>Sidekick</p>
<p>6</p> <p>Happy Labor Day</p> <p>"It's hard to beat a person who never gives up."</p> <p>Babe Ruth</p>	<p>7</p> <p>Cherry Frudel</p> <p>Crispito with Queso</p> <p>Potato Ole's</p> <p>Refried Beans</p> <p>Grapes</p>	<p>8</p> <p>Mini Donuts</p> <p>Oriental Orange Chicken</p> <p>Rice/ Spring Roll</p> <p>Stir Fry Veggies</p> <p>Pineapple</p> <p>Fortune Cookie</p>	<p>9</p> <p>Sausage Biscuit</p> <p>Pizza</p> <p>Cesar Salad</p> <p>Corn</p> <p>Sliced Pears</p>	<p>10</p> <p>Cluck-it-in-a-Bucket</p> <p>BBQ Sandwich</p> <p>Sweet Corn on the Cob</p> <p>Coleslaw</p> <p>Apple</p>
<p>13</p> <p>French Toast Sticks</p> <p>Corndog</p> <p>Tatar Tots</p> <p>Fresh Veggie Boat with Ranch</p> <p>Frozen Fruit Cup</p>	<p>14</p> <p>Chicken Biscuit</p> <p>Spaghetti</p> <p>Garlic Breadstick</p> <p>Fresh Garden Salad</p> <p>Corn</p> <p>Orange Slices</p>	<p>15</p> <p>Bacon/ Egg/ Cheese Biscuit</p> <p>Salisbury Steak</p> <p>Mashed Potatoes with Gravy</p> <p>Green Peas/ Roll</p> <p>Flavored Applesauce</p>	<p>16</p> <p>Sausage Biscuit</p> <p>Chicken Alfredo</p> <p>Flatbread</p> <p>Cesar Salad</p> <p>Cooked Glazed Carrots</p> <p>Frozen Fruit Cup</p> <p>Sweet Treat</p>	<p>17</p> <p>Cinnamon Roll</p> <p>Breaded Chicken Sandwich with the WORKS</p> <p>Waffle Fries</p> <p>Coleslaw</p> <p>Sidekick</p>
<p>20</p> <p>Pancake/ Sausage Links</p> <p>Hot Ham and Cheese</p> <p>Fresh Broccoli Florets with Ranch</p> <p>Curly Fries</p> <p>Apple</p> <p>Sweet Treat</p>	<p>21</p> <p>Biscuit and Gravy</p> <p>Beef Tacos</p> <p>Chips & Queso</p> <p>Salsa Cup</p> <p>Fresh Veggie Boat with Ranch</p> <p>Banana</p>	<p>22</p> <p>Mini Donuts</p> <p>Chicken Leg</p> <p>Hot Roll</p> <p>Baby Bakers</p> <p>Caesar Salad</p> <p>Baked Apples</p>	<p>23</p> <p>Sausage Biscuit</p> <p>Pizza</p> <p>Fresh Garden Salad</p> <p>Corn</p> <p>Sliced Pears</p>	<p>24</p> <p>Donut Holes</p> <p>Hot Dog</p> <p>Tatar Tots</p> <p>Fresh Carrots with Ranch</p> <p>Mac & Cheese</p> <p>Sidekick</p>
<p>27</p> <p>Waffles & Syrup</p> <p>Bosco Stick/ Marinara</p> <p>French Fries</p> <p>Fresh Broccoli florets with Ranch</p> <p>Sliced Peaches</p>	<p>28</p> <p>Chicken Biscuit</p> <p>Baked Ziti</p> <p>Garlic Toast</p> <p>Caesar Salad</p> <p>Corn</p> <p>Orange Slices</p>	<p>29</p> <p>Breakfast Tornado</p> <p>Chicken Wing Dings</p> <p>Hot Roll</p> <p>Mashed Potatoes with Gravy</p> <p>Green Beans</p> <p>Grapes</p>	<p>30</p> <p>Sausage Biscuit</p> <p>Pizza Crunchers</p> <p>Fresh Garden Salad</p> <p>French Fries</p> <p>Frozen Fruit Cup</p>	<p>1</p> <p>Sometimes the weight you need to lose isn't on your body.</p>

Daily Choices

Breakfast

Assorted Poptarts
Assorted Cereal
Assorted Milk & Juice

Lunch

Cold Cut Sandwiches
Protein Pack
Boxed Salad

News

- ✓ Always pick up a fruit or Vegetable to complete your meal!
- ✓ Put money into your account for extras and Ala Carte!

Menu is subject to change