

OCTOBER | 2019



McCracken County Intermediate & Middle School Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	<p>1 <u>Biscuit and Gravy</u></p> <p>Chicken & Waffles Fresh Carrots Hash brown Casserole Baked Apples</p>	<p>2 <u>WG Muffin Choice</u></p> <p>BBQ Nachos With the Works Corn Corn Muffin Fruit</p>	<p>3 <u>Sausage Biscuit</u></p> <p>Max Sticks With Marinara Caesar Salad Crinkle Fries Fruit</p>	<p>4 <u>Cinnamon Biscuit</u></p> <p>Corn Dog Carrots w/Ranch Loop Fries Fruit</p>
	<p>8 NO</p>	<p>9 SCHOOL</p>		
<p>14 <u>French Toast Sticks</u></p> <p>Breaded Chicken Sandwich With the Works Waffle Fries Baked Beans Fruit</p>	<p>15 <u>Biscuit and Gravy</u></p> <p>Crispito w/Chili With the Works Potato Coins Red & Green Peppers w/Ranch Fruit</p>	<p>16 <u>WG Texas Cinnamon Toast</u></p> <p>Egg Omelet with Cheese/Sausage Hash brown Patty Biscuit & Gravy Wango Mango Fruit</p>	<p>17 <u>Sausage Biscuit</u></p> <p>Personal Pizza Crinkle Fries Garden Salad Fruit</p>	<p>18 <u>WG Cinnamon Roll</u></p> <p>Hamburger/Cheeseburger With the Works Loop Fries Carrot Slaw Fruit</p>
<p>21 <u>Cinnamon Biscuit</u></p> <p>Chicken Chunks Mashed Potatoes/Gravy Green Beans Hot Biscuit Fruit</p>	<p>22 <u>Biscuit and Gravy</u></p> <p>Beef Stroganoff Broccoli w/Cheese Fried Okra Dinner Roll Fruit</p>	<p>23 <u>WG Muffin Choice</u></p> <p>Chicken Alfredo Green Peas Cooked Carrots Garlic Cheese Biscuit Baked Apples</p>	<p>24 <u>Sausage Biscuit</u></p> <p>Pizza Smile Fries Garden Salad Fruit</p>	<p>25 <u>Scrambled Eggs/Bacon/Tst.</u></p> <p>Walking Taco With the Works Refried Beans w/Cheese Potato Ole's Churro & Fruit</p>
<p>28 <u>Waffles/Bacon</u></p> <p>Grilled Chicken Sandwich With the Works Mac & Cheese Broccoli Salad Fruit</p>	<p>29 <u>Biscuit and Gravy</u></p> <p>Asian Bowl Low Mein Noodles Eggroll Ginger Salad/Chow Mein Fortune Cookie & Fruit</p>	<p>30 <u>WG Donut Holes</u></p> <p>Max Sticks With Marinara Crinkle Fries Caesar Salad Fruit</p>	<p>31 <u>Sausage Biscuit</u> Bats & Cobwebs (Baked Ziti) Scarecrow Teeth (Corn) Toasted Tombstone (Garlic Toast) Candy Corn Parfait (Fruit w/Cool Whip & Candy) Sweet Treat Surprise</p>	

Breakfast Choices:

- Assorted Pop Tarts
- Assorted Cereal w/Toast
- Yogurt Parfait
- Banana Split
- Assorted Donuts
- Assorted Juice
- Assorted Milk

Lunch Choices:

- Uncrustable PB&J
- Pizza Lunchables
- Boxed Salads
- Assorted Sandwiches
- Protein Lunchables
- Assorted Juice
- Assorted Milk

This institution is an **EQUAL OPPORTUNITY PROVIDER!**

Menu is subject to change.

