

**McCracken County High School January 2019**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
			<b>3</b>	<b>4</b>
<b>Breakfast Choices</b>	<b>Lunch Choices</b>		<b>B: Sausage Biscuit</b>	<b>B: Biscuit &amp; Gravy Bowl</b>
Assorted WG Poptart	Protein Sack		Chicken & Waffles	Pizza
Strawberry Smoothie	PB&J Sack		Savory Fries	Savory Fries
Strawberry Yogurt Parfait	Submarine Sub		Broccoli & Cheese	Corn on the Cob
Assorted Milk and Juice	Chef Salad		Carrots w/Ranch	Veggie Boat
	Assorted Milk		Mandarin Oranges	Pineapple Tidbits
			Apples	Fruit Cup
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>B: Bacon/Cheese Biscuit</b>	<b>TORNADO</b>	<b>B: Cluck it in a Bucket</b>	<b>B: Sausage Biscuit</b>	<b>B: Biscuit &amp; Gravy Bowl</b>
Crispito	Breakfast for lunch	Chicken Bacon Ranch Wrap	Wing Dings	Bosco Sticks
Chips/Queso Cheese	Eggs/Sausage	Bacon Cheeseburger	Baby Bakers	Savory Fries
Corn/Fiesta Rice	Hashbrown Casserole	Works Bar/Savory Fries	Green Beans	Macaroni & Cheese
Veggie Boat	Biscuit and Gravy	Baked Beans	Broccoli w/Ranch/WG Roll	Tossed Salad
Applesauce/Fruit cup	Sliced Tomatoes	Applesauce/Sidekick	Mandarin Oranges	Banana
Potato Soup/Salad	Peach Cup, Orange Juice	Tomato Soup/Salad	Strawberry cup	Apples
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>Cheese Omelet/Biscuit</b>	<b>B: French Toast Sticks w/sausage</b>	<b>B: Cluck it in a Bucket</b>	<b>B: Sausage Biscuit</b>	<b>B: Biscuit &amp; Gravy Bowl</b>
Chicken Sandwich	Chicken Enchiladas	Chicken Alfredo	Sweet & Sour Chicken w/Rice	Pizza
Bacon Cheeseburger	Chili Beef Burrito	BBQ Sandwich	Cheeseburger	Savory Fries
Savory Fries /Kale Cole Slaw	Works Bar/Tater Tots	Green Peas/Caesar Salad	Broccoli Salad	Corn on the cob
Macaroni & Cheese	Fiesta Rice	Potato Wedges	Stir Fry Veggies	Brussel Sprouts
Mixed Fruit/Fruit Cup	Red & Green Peppers	Applesauce/Sidekick	Banana	Veggie Boat
Chicken Noodle Soup/Salad	Apples /Peach Cup	Potato Soup/Salad	Mandarin Oranges	Grapes/Pineapple Tidbits
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
	<b>Cheese Omelet/Biscuit</b>	<b>B: Cluck it in a Bucket</b>	<b>B: Sausage Biscuit</b>	<b>B: Biscuit &amp; Gravy Bowl</b>
	Chicken Fajita/Works	Cheeseburger	Chicken & Waffles	Max Sticks
	Cheeseburger/Works	Fish Sandwich	Savory Fries	Tater Tots
<b>NO SCHOOL</b>	Potato Wedges	Savory Fries/Corn Muffin	Green Beans	Broccoli & Cheese
	Whole Kernel Corn	Northern Beans/Coleslaw	Tossed Salad/WG Roll	Caesar Salad
	Peach Cup/Fresh Fruit	Applesauce/Sidekick	Apple/Mixed Berry Cup	Banana
	Potato Soup/Salad		Chicken Noodle Soup/Salad	Pineapple
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
<b>Cheese Omelette/Biscuit</b>	<b>Tornado</b>	<b>B: Cluck it in a Bucket</b>	<b>B: Sausage Biscuit</b>	
Crispito	Mac & Cheese Buffalo Chicken	Chicken Enchiladas	Wing Dings	
Chips with Queso Cheese	Tater Tots	Works Bar/Tater Tots	Mashed Potatoes/Gravy	
Works Bar/Corn	Green Peas	Refried Beans	Broccoli & Cheese	
Pinto Beans	Garlic Toast	Carrots with Ranch	WG Roll	
Mixed Fruit/Orange Slices	Kiwi	Apples /Peaches	Mandarin Oranges	
Broccoli Soup/Salad	Mandarin Oranges	Tomato Soup/Salad	Strawberry Cup	

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