

McCracken County High School January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
			3	4
Breakfast Choices	Lunch Choices		B: Sausage Biscuit	B: Biscuit & Gravy Bowl
Assorted WG Poptart Strawberry Smoothie Strawberry Yogurt Parfait Assorted Milk and Juice	Protein Sack PB&J Sack Submarine Sub Chef Salad Assorted Milk		Chicken & Waffles Savory Fries Broccoli & Cheese Carrots w/Ranch Mandarin Oranges Apples	Pizza Savory Fries Corn on the Cob Veggie Boat Pineapple Tidbits Fruit Cup
7	8	9	10	11
B: Bacon/Cheese Biscuit	TORNADO	B: Cluck it in a Bucket	B: Sausage Biscuit	B: Biscuit & Gravy Bowl
Crispito Chips/Queso Cheese Corn/Fiesta Rice Veggie Boat Applesauce/Fruit cup Potato Soup/Salad	Breakfast for lunch Eggs/Sausage Hashbrown Casserole Biscuit and Gravy Sliced Tomatoes Peach Cup, Orange Juice	Chicken Bacon Ranch Wrap Bacon Cheeseburger Works Bar/Savory Fries Baked Beans Applesauce/Sidekick Tomato Soup/Salad	Wing Dings Baby Bakers Green Beans Broccoli w/Ranch/WG Roll Mandarin Oranges Strawberry cup	Bosco Sticks Savory Fries Macaroni & Cheese Tossed Salad Banana Apples
14	15	16	17	18
Cheese Omelet/Biscuit	B: French Toast Sticks w/sausage	B: Cluck it in a Bucket	B: Sausage Biscuit	B: Biscuit & Gravy Bowl
Chicken Sandwich Bacon Cheeseburger Savory Fries /Kale Cole Slaw Macaroni & Cheese Mixed Fruit/Fruit Cup Chicken Noodle Soup/Salad	Chicken Enchiladas Chili Beef Burrito Works Bar/Tater Tots Fiesta Rice Red & Green Peppers Apples /Peach Cup	Chicken Alfredo BBQ Sandwich Green Peas/Caesar Salad Potato Wedges Applesauce/Sidekick Potato Soup/Salad	Sweet & Sour Chicken w/Rice Cheeseburger Broccoli Salad Stir Fry Veggies Banana Mandarin Oranges	Pizza Savory Fries Corn on the cob Brussel Sprouts Veggie Boat Grapes/Pineapple Tidbits
21	22	23	24	25
	Cheese Omelet/Biscuit	B: Cluck it in a Bucket	B: Sausage Biscuit	B: Biscuit & Gravy Bowl
NO SCHOOL	Chicken Fajita/Works Cheeseburger/Works Potato Wedges Whole Kernel Corn Peach Cup/Fresh Fruit Potato Soup/Salad	Cheeseburger Fish Sandwich Savory Fries/Corn Muffin Northern Beans/Coleslaw Applesauce/Sidekick	Chicken & Waffles Savory Fries Green Beans Tossed Salad/WG Roll Apple/Mixed Berry Cup Chicken Noodle Soup/Salad	Max Sticks Tater Tots Broccoli & Cheese Caesar Salad Banana Pineapple
28	29	30	31	
Cheese Omelette/Biscuit	Tornado	B: Cluck it in a Bucket	B: Sausage Biscuit	
Crispito Chips with Queso Cheese Works Bar/Corn Pinto Beans Mixed Fruit/Orange Slices Broccoli Soup/Salad	Mac & Cheese Buffalo Chicken Tater Tots Green Peas Garlic Toast Kiwi Mandarin Oranges	Chicken Enchiladas Works Bar/Tater Tots Refried Beans Carrots with Ranch Apples /Peaches Tomato Soup/Salad	Wing Dings Mashed Potatoes/Gravy Broccoli & Cheese WG Roll Mandarin Oranges Strawberry Cup	

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